

**Counseling & Mental Health 1**  
**Marvin Ridge High School**  
**2022-2023**

**Contact Information:**

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**Course Outline:**

- Understanding intrapersonal relationships
- Foundations of interpersonal relationships
- Managing relationships
- Family life cycle
- Career paths

**Class Materials:**

- 1 1/2" Binder or Designated section of larger organizer
- 5 Divider Tabs
- Loose leaf paper
- Pens

**Classroom Rules:**

- Be on time
- Come to class prepared
- Bring your chromebook & charger
- Bring an open mind
- Put your cell phone away
- Be respectful of others

**Class Book:**

What Happened To You, Conversations on Trauma,  
Resilience and Healing  
By Dr. Bruce Perry & Oprah Winfrey

Supplies due by: Tuesday Sept 6th

**Grades:**

This class utilizes a point system for assessment. Classwork, quizzes/tests, projects and papers are given a point value. The final grade is determined by adding up the total number of points.

Classwork: 5-30 points

Projects: 20-50 points

Reflection Papers: 30-50 points

Quizzes: 25-50 points

Tests: 50-100 points

A = 100 – 90

B = 89 – 80

C = 79 – 70

D = 69 – 60

F = 59 – 0

**Late Work:**

- All assignments are expected to be turned in by the assigned due date.
- Any work turned in late will lose points off per day, unless otherwise specified.